

Cultivating Attention in Educational Dialogue

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This workshop explores attention as the cornerstone of teaching and learning - not just a cognitive skill, but an ethical, relational practice that fosters genuine educational encounters.

Drawing on the philosophies of Simone Weil and Iris Murdoch, attention will be framed as a disciplined, receptive stance. During the workshop, participants will explore ways to cultivate the ability to be fully present to students, texts, and the classroom environment. The session also considers how attentive engagement can strengthen classroom relationships and enhance academic performance by fostering deepened focus and autonomy.

Blending theory with hands-on practice, participants will:

- engage in exercises to sharpen sensitivity and deep listening;
- practice reflective presence for more responsive teaching;
- develop strategies to nurture autonomous learning in classroom settings.

This approach not only builds student autonomy and deepens connections, but also transforms pedagogical practice, offering educators practical strategies to cultivate attentive and relationally aware learning environments.